



✂ Dessert ⌚ 15 min ☆ 3/5

## Best Strawberry-Banana Trifle

Layers of fresh Chiquita Bananas, strawberries, angel cake and creamy yogurt make a wonderfully satisfying dessert. It is always a hit at parties and can be enjoyed any time of year.

1

Slice strawberries, bananas and angel cake, set aside. Combine the yogurt with the honey.

2

In trifle bowl, put a layer of cake, then add a layer of fruit on top. Next cover with a layer of the yogurt mixture.

3

Repeat this until the bowl is full, then top with extra sliced banana.

### INGREDIENTS FOR 2 PERSONS

- 2 qt. strawberries, halved
- 4 Chiquita Bananas, sliced, plus extra to decorate
- 1 angel food cake, cut into 1-inch cubes
- 2 pots non-fat vanilla yogurt
- 4 tbsp honey

### NUTRITIONAL VALUES PER PERSON

- 179 kcal Calories
- 0.5 g Fat
- 0.1 g Saturates
- 39 g Carbohydrate
- 24.9 g Sugars
- 2.3 g Fibre
- 4.5 g Protein
- 0.7 g Salt